



ROUTINES FOR A CALM ORGANISED HOME

DAILY

- Make beds
- Stack and empty dishwasher
- Prep lunches
- Wash, hang and fold laundry
- Tidy kitchen
- Tidy family room
- Cook meals
- Feed the dog / cat
- Walk the dog

WEEKLY

- Dust furniture
- Vacuum carpets and mop floors
- Clean bathrooms and toilets
- Wash sheets & towels
- Put bins out
- Clean out fridge
- Plan meals and grocery shop
- Water plants
- Ironing

FORTNIGHTLY / MONTHLY

- Wash the car
- Clean skirting boards
- Vacuum pool
- Wash the dog
- Wipe down switches and door handles
- Wash mattress, pillow and doona covers
- Mow the lawn
- Yard maintenance (hedges, pruning, hosing)

QUARTERLY

- Clean windows
- Weed the garden
- Clean the oven
- Organise the pantry
- Get carpets cleaned
- Wipe over ceiling fans and lights

YEARLY

- Service air conditioner
- Wash the outside of the house
- Pest control

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your hectic family life.**

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